

Synopsis

(2017-2018)

Principal
Mr. Cheung Ka Pong

Po Leung Kuk Tang Yuk Tien College was founded in 1987, donated by Madam Lee King Fan in memory of her late mother, Madam Tang Yuk Tien. We are greatly honoured that Madam Lee's daughter, Dr Pai Ming Chu Pearl, has been an Independent Manager of the Incorporated Management Committee of the school since April, 2014. On the other hand, Mr Tam Chun Kit, a practising Barrister-at-Law, has become an Alumni Manager since April, 2015.

The school is an aided secondary school using English as the medium of instruction. It has been striving to provide an all-round education for students and to help them develop their potential to the full, and is highly sought after by parents in the district. It operated 25 classes covering Form 1 to Form 6. The enrolment was 766 and the total number of teaching and non-teaching staff was 85.

Academic Achievements

Our students had achieved very good results in HKDSE Examination 2018. The percentage of students obtaining level 5 or above in all subjects was 34.1% and the percentage of students obtaining level 2 or above was 99.9%. Student Mak Lok Wai got the best individual result. He obtained 5(5**), 2(5*) and 1(5). And 3 high fliers attained the results of 3(5**) or above. Besides, we are delighted that 96.2% of our F.6 graduates were successfully admitted to local universities and tertiary institutes through JUPAS, which hit a record high of the school. Among them, 16 were admitted to HKU, 24 to CUHK, 7 to HKUST and 24 to Poly U. which accounted for 53.8% of our F.6 graduates. All these outstanding achievements indicated not only the hard work of our students but also the great effort of our teachers in preparing them for the public examination.

Discipline, Guidance and Civic Education

The school had always laid great emphasis on fostering moral values and personality development on the part of students. This year, focus was placed on helping students to develop a purpose-driven attitude, enhancing students' self-discipline and improving their sense of responsibility. A wide range of programs had been held by the committees concerned accordingly.

First and foremost, a strict but fair and efficient system to maintain school discipline had been established by the Disciplinary Committee. The Student Award Scheme was held to foster students to be more proactive and strive for self-improvement. This year, 285 awards were granted. In addition, 44 conduct awards, 28 service awards, 84 credits and 586 merits were presented while conduct marks were added to the well-behaved students.

Both individual and group counseling were provided by the Guidance Committee to students with the support of the school social worker and the educational psychologist. Furthermore, the committee had successfully applied for the Quality Education Fund (\$200,000) with YWCA and joined the Joyful@School Campaign. The objectives of the campaign were to identify those students in need, increased the awareness of mental health among students, teachers and parents and to raise students' anti-adversity ability. Other programs like the BBS Scheme, Project of Healthy Teenager, talks on sex education, workshops on time management and various preventive mass programs were held to facilitate students' personality growth, foster proper moral values and to help them deal with challenges proactively.

In addition, a Voluntary Service Training Scheme was organized for Form 2 by the Liberal Studies and Civic Education Panel. Students were required to provide voluntary service like paying visits to the aged and the mentally retarded. The Scheme had enabled them to have a better understanding of what happiness means and learn to be thankful for what they had. It also spurred them to take the initiative to show their concern for and render help to the needy and the underprivileged.

Talks, workshops, visits to companies and universities, and participation in university summer programs were promoted by the Careers Committee to help students acquire a much deeper self-understanding and facilitate their goal setting and career mapping. For instance, some F.4 students joined the Business-School Partnership Programme with Link Asset Management Limited. Besides, job shadow programmes were organized for F.4-6 students. For instance, a number of F.5 and F.6 students had a taste of the medical professions at HKU-Shenzhen Hospital, while some F.4 and F.5 students experienced media profession at Bloomberg through joining a JA job shadow programme. Students had benefited substantially from these programmes.

To sharpen students' sense of responsibility, heighten their social awareness and foster them to behave in a more civilized way, programs like Current Affairs Marathon, Environmental Protection Scheme, the Most Respectful Student Election, Salute to Teachers Day, Bulletin Board Display Competition and Blood Donation Day were organized by the Civic Education Committee.

Besides, a Form Teachers' Guidance Scheme was organized to provide pastoral care for students with special needs. Furthermore, talks, workshops, principal-parent conferences, and activities like picnics, tai chi, calligraphy and painting classes were held by the Parent-Teacher Association.

Extra-curricular Activities

To nurture students' multiple intelligence, a wide spectrum of extra-curricular activities were run by the Pupils' Association, the 4 Houses, 20 school teams as well as 14 clubs and societies. The school's great effort in developing students' potential had yielded prominent results in various

elections and competitions.

1. Outstanding Students' Achievements

- (a) Chiu Yi Nap was elected as Hong Kong Outstanding Teen in The Hong Kong Outstanding Teen Election.
- (b) Poon Wing Ching was elected not only as Outstanding Student in The Outstanding Student Election of New Territories, but also the Top Five Outstanding Youths in Tuen Mun in the Outstanding Youth Commendation Scheme.
- (c) In the "Hong Kong 200" Leadership Project, Tse Man Ho, Ho Cheuk Lam and Tse So Yu were appointed as "Hong Kong 200" Leaders.
- (d) In the Tuen Mun Outstanding Students Selection, Chiu Kei Yin and Fok Ngo Shuen were elected as Outstanding Students whereas Ng Tsz Wai and Tse Tsz San got the Merit Awards.
- (e) In the Tuen Mun High Fliers Election, Man Ho Ching and Tse Tsz San were elected as High Fliers.
- (f) In the Hong Kong Ambassador Scheme, Chiu Kei Yin, Leung Yan Tung, Chan Yan Ho, Lau Yuk Hing, Cheung Ho Yin and Choi Yat Yeung were appointed as the Hong Kong Young Ambassadors.
- (g) Chow Man Chun was elected as Hong Kong Junior Chief Executive.
- (h) Law Yuk Yi and Chiu Kei Yin were elected as the Most Respectful Students whereas Wong Cheuk Yiu and Chan Long Yin were elected as the Politest Students.
- (i) In the Arts Ambassadors-in-School Scheme, Cheung Siu Ling and Lee Tsz Wai were appointed as Arts Ambassadors-in-School.
- (j) In the Outstanding Girl Guides Award (Unit Level) 2018, Wong Sin Yu was elected as Outstanding Girl Guide.

2. Academic Competitions

- (a) The school team won the Championship and the Most Participating School in the 4th Territory-wide Inter-school Basic Law Competition. Besides, in the Understanding Motherland, Understanding Hong Kong Quiz Contest 2017, the school team got the First Prize. In addition, Tsoi Kai Chi and 4 teammates got the First Prize and the Golden Merits respectively in the 7th Territory-wide Chinese Knowledge Quiz Contest.
- (b) The school team won the Silver Award in Elite Contest and the Actively Participating School Award in the 12th Hong Kong Cup Diplomatic Knowledge Contest. Besides, in the 2nd Inter-school Chinese History Competition, the school team got the Second Prize. In the 6th Constitutional Law, Basic Law and Hong Kong Law Knowledge Contest, 3 school teams got the Third Prize in the Secondary School Group, the Third Prize and a Merit in the Open Group respectively.
- (c) Chan Wai Kit obtained Certificates of Excellence (Full Marks) while 10 students got Certificates of High Distinctions in the 2017 Australian National Chemistry Quiz (Hong Kong Section). In the 2017 Science Assessment Test, the school obtained 5

Diamond Awards, 11 Gold Awards, 7 Silver Awards and 7 Bronze Awards. The school representatives also won 1 Medal, 19 High Distinctions, 20 Distinctions and 30 Credits in the Secondary School Mathematics and Science Competition. In addition, the school got 7 Diamond Awards, 2 Gold Awards and 1 Silver Award in the 'Chemists Online' Self Study Award Scheme.

- (d) The school representatives obtained 14 Gold Awards, 21 Silver Awards and 9 Bronze Awards in the Asia International Mathematical Olympiad Open Contest. In the Hong Kong Youth Mathematical High Achievers Selection Contest, the school got the Merit Award in the Group Event whereas our representatives got 1 First Class Award and 2 Second Class Awards in the Individual Event. Besides, Chan Wai Kit and Ng Ka Ho got the Bronze Medals in the Hong Kong Olympiad in Informatics.
- (e) The school team won the Championship, 2 Gold Awards and 3 Bronze Awards in the Cross-Straits, Hong Kong and Macau Robotics Competition. Our representatives also obtained 2 Gold Awards, 1 Silver Award, 1 Bronze Award and the Best Performance Award in the World Robot Olympiad 2018 Hong Kong Robot Challenge. Besides, in the International Robotic Olympiad, they got 2 First Prizes and 1 Third Prize. Furthermore, in the ROBOFEST Robotics Hong Kong, the school team obtained 1 First Prize and 2 Second Prizes. The school representatives were invited to participate in the ROBOFEST World Championship held in the United States.
- (f) In Harvard Book Prize, Poon Hok Ching was the Winner while Tsang Cheuk Yin and Ng Sze Wing got the Second Prizes. Leung Ka Hei got the Xu-Ri Literature Star Award in the National Essay Writing Competition, while 5 other students got the Merit Awards. In addition, Cai Yi Han and Lai Wing Tung came first and second in the Rehabilitation Micro-movie Writing Competition respectively.

3. *Cultural and Arts Competitions*

- (a) The School Modern Dance Team obtained the Overall Championship in Group Dance (Open Division) in the Bauhinia Cup International Dance Championships. The representatives also got the Overall Championship in Group Dance (Open Division) in the Bauhinia Cup Dance Championships.
- (b) The School Dance Team not only obtained 9 Honours Awards and 5 Choreography Awards in the 54th Hong Kong Schools Dance Festival, but also won the Overall Championship in the Modern Dance Division and the Third Prize in the Chinese Dance Division. The team got a total of 6 Gold Awards in the 38th Shatin Dance Competition, the 40th Yuen Long Dance Competition and the 32nd Tuen Mun Dance Competition. The team also got the Certificate of Appreciation in the Schools Dance Festival Showcase 2018. Besides, Wong Wai Kuen won 2 First Prizes, 2 Second Prizes and 1 Third Prize whereas Cheung Pui Man attained 1 Second Prize and 1 Third Prize in several individual dance competitions.
- (c) The School Debating Team won the Third Prize in the 14th Outstanding Students' Cup Inter-school Debating Competition. Liu Ka Ying and Lai Hin Wang obtained the Best

Debater in the Preliminary Round and the Final Round respectively.

- (d) In the 69th Hong Kong Schools Speech Festival, the school won altogether 5 First Prizes, 5 Second Prizes, 10 Third Prizes and 42 Merit Awards. Ng Cheuk Kwan attained the Certificate of Honour in the English Solo Verse Speaking in this contest.
- (e) Students got a First Prize and 9 Merit Awards in the 70th Hong Kong Schools Music Festival. Both the School Choir and the School Orchestra attained the Silver Awards in the Joint School Music Competition. In addition, Ho Yuk Lun obtained 4 First Prizes, 4 Second Prizes and 2 Third Prizes in several open individual piano competitions.
- (f) In the Hong Kong School Drama Festival, the School Drama Team won all the 6 awards, namely, Outstanding Directors, Outstanding Script, Outstanding Cooperation, Outstanding Stage Effect and Commendable Overall Performance, whereas Mong Ka Wai and Ng Yuen Han took the titles of Outstanding Performers. Besides, the school team was awarded the Third Prize in the 'Speak Out-Act Up' Improvised Drama Competition. In addition, Tsang Chun Kit, Chiu Man Chun, Mak Cheuk Ming and So Kam Fung, won the Championship in the Help the Police Fight Youth Crime Competition. As Fight Crime Ambassadors, they have represented Hong Kong SAR in the exchange programme held by the Australian Police Force.
- (g) Chan Long Yin obtained the Outstanding Visual Art Creative Award in the 10th Youth Visual Arts Exhibition. He also got totally 4 Second Prizes and 2 Merit Awards in other Chinese Painting and Chinese Calligraphy competitions. In the OSH Poster Competition for Construction Industry, Cheung Hoi Lam got the Third Prize in Secondary School Group.

4. *Sports Competitions*

- (a) In the HKSSF Inter-school Sports Competitions (Tuen Mun), the school got very remarkable achievements. Among 40 secondary schools, the boys' team came third while the girls' team ranked fifth.
- (b) In the HKSSF Inter-school Swimming Competition (Tuen Mun), the Boys' Swimming Team and the Girls' Swimming Team got the Overall Second Prize and Third Prize respectively. The teams also got totally 6 Championships, 10 Second Prizes and 9 Third Prizes in individual events. Besides, the Swimming Team won both the Overall Third Prize and Girls Overall Third Prize in the PLK Affiliated Secondary Schools Joint Swimming Gala. They also won 4 Second Prizes and 3 Third Prizes in individual events. In addition, the Swimming Team got totally 13 Championships, 18 Second Prizes and 20 Third Prizes in the individual events of all Swimming Galas held in this school year.
- (c) The Boys' Table-tennis Team and the Girls' Table-tennis Team won the Overall Championship and the Overall Second Prize respectively in the HKSSF Inter-school Table-tennis Competition (Tuen Mun) in Grade C. Lam Cheuk Wing and Law King Hin got the First Prize and the Third Prize respectively in the Tuen Mun District Age Group Table-tennis Competition.

- (d) The Girls' Badminton Team won the Overall Championship in Grade B, while the Boys' Team got the Overall Second Prize in Grade B in the HKSSF Inter-school Badminton Competition (Tuen Mun). Besides, the team got 2 Championships and 2 Second Prizes in other open badminton competitions.
- (e) The School Rope Skipping Team won the Boys' Overall Championship and the Girls' Overall Second Prize in the All Hong Kong Primary and Secondary School Rope Skipping League. The representatives also got totally 3 First Prizes, 4 Second Prizes and 1 Third Prize in the individual events in the competition. In the JRFH Inter-school Rope Skipping Competition, the school team attained the Merit Award in Secondary School Group A.
- (f) Loo Wing Yan won the Championships in both the Long Weapon and the Short Weapon in the 37th Chinese Martial Arts Self-Attainment Award Display. Liu Pak Shun and Kwok Chun Him won the Championships in Male Junior and Championship in Middleweight B in the Thiaie Open International Taekwondo Championship Princess's Cup and The 22nd Asian Cities Taekwondo Championships respectively.
- (g) The school team got the Overall Second Prize of N.T. Women's Team in the Joint School District Orienteering Championships, while Choi Lok and Wong Kin Hei got the First Prize and the Fourth Prize respectively in the individual event.
- (h) Chau King Yu won the AS Watsons Group Hong Kong Students Sports Award.

Social Services

In praise of our students' tremendous enthusiasm and intense involvement in rendering help and services to the people in need, they were granted 46 Gold Badges, 100 Silver Badges and 120 Bronze Badges in the 'Volunteer Movement 2017' by the Social Welfare Department. Five student bodies of our school were awarded the Gold Badges (Group Award) as well. In the Volunteer Service Campaign Competition, the Guidance Team got the Gold and Silver Awards.

Educational Tour

During the Easter Holiday, all F.4 students joined the Po Leung Kuk study tour to Beijing. In addition, a study tour to Russia sponsored by 'Funding Scheme for Exchange in Belt and Road Countries 2017-18' under Home Affairs Bureau and Committee on the Promotion of Civic Education was organized for our senior form students. Both of the tours were eye-opening experiences and helped to broaden students' horizons.

Conclusion

I would like to express my heartfelt gratitude to the unfailing support given by Po Leung Kuk, the Education Bureau, Madam Lee King Fan, alumni and parents, which helped the school to translate its mission into reality. For example, in addition to the \$200,000 given by Po Leung Kuk Li Shiu Chung Quality Education Fund for installing sliding glass partitions on the covered playground last year, a further amount of \$100,000 was granted for installing air-conditioners for the playground of the New Annex. On the other hand, in recognition of students' outstanding

achievements in HKDSE Examination and extra-curricular activities, scholarships totaling \$202,189 were granted by Po Leung Kuk.

In addition, special thanks were due to Dr Pai Ming Chu Pearl, Independent Manager of the school's Incorporated Management Committee, for squeezing time from her very tight schedule to arrange a clinical attachment to the University of Hong Kong-Shenzhen Hospital for our students. The visit greatly enhanced their horizons.

To conclude, as the tradition of the school, we will continue to strive for the best for our students and go on to scale new heights in the years to come.

撮要

(二零一七至二零一八年度)

張家邦校長

董玉娣中學由保良局於一九八七年創辦，得李景芬女士捐款建校，以懷念她的先慈董玉娣夫人；並幸蒙李女士之千金白明珠醫生自 2014 年 4 月起擔任本校法團校董會的獨立校董。此外，譚俊傑大律師則於 2015 年 4 月起出任校友校董。

本校為一所以英語授課的英文津貼中學。學校位於屯門湖景村。本校向來五育並重，幫助學生盡展潛能，深受區內家長歡迎。本學年開辦中一至中六共 25 班，學生 766 人，教職員及非教員合共 85 人。

學業成績

本校學生在 2018 年香港中學文憑考試中再奪佳績，整體科目取得「第 5 級或以上」的百分率為 34.1%；而取得「第 2 級或以上」更高達 99.9%。麥洛維同學取得應屆本校最佳個人成績，他考獲五科 5**、二科 5* 及一科 5。另外有 3 位尖子考獲三科 5** 或以上的成績。更令人欣喜的是，獲派本地大學聯招資助院校學位百分率高達 96.2%，為歷屆之冠。當中獲派香港大學有 16 位，香港中文大學 24 位，香港科技大學 7 位，理工大學 24 位，合計佔全體中六生的 53.8%。這些成就不僅標誌著同學們的努力，也見證著我校老師們在教學和備試上付出的辛勞。

訓育、輔導及公民教育

本校一直重視同學的品德情意發展。透過以下科組的協同和努力，期望能貫徹而有效地培養同學具備美好的品格。本年的主題為幫助建立學生一種目標導向的態度，並透過各相關組別的多元化活動，讓學生學懂自律及加強責任感。

經過多年的運作，訓導組已建立一個嚴謹、公平和高效率的獎罰制度。透過學生獎勵計劃，鼓勵學生積極進取，自我完善，去年共有 285 人次獲獎。此外，訓導組頒發了 44 個操行獎，28 個服務獎，84 個大、小功及 586 個優點，獎勵服務及品行表現優良學生。

輔導組在教育心理學家及駐校社工支援下，除進行個別及小組輔導外，亦舉辦不同計劃。輔導組獲優質教育基金撥款 \$200,000，推展「尊重生命，逆境同行」(「好心情@學校」微型計劃)，及早識別及支援抗逆力低之初中學生，並提升學生、老師及家長對精神健康的關注。此外，輔導組還舉辦了大哥哥大姐姐計劃、健康 Sun Teen 計劃、性教育講座及時間管理工作

坊等多項預防性活動，藉此引導學生建立正確價值觀，積極面對挑戰，健康成長。

此外，通識及公民教育科為中二學生舉辦社區服務學習計劃，每位學生均參與校外義工服務，其中包括探訪長者、智障人士，由此讓學生體會福樂的真義，知足感恩，並學習主動關懷別人，及提升其對區內弱勢社群的關注。

升學及就業輔導組透過籌辦及鼓勵學生參加不同類型活動，如講座、工作坊、參觀公司、大學及參加大學暑期課程，幫助學生進一步認識自我，定立目標，引導他們以積極態度規劃未來。例如，本年一批中四同學參加了教育局商校合作計劃，獲配對領展資產管理有限公司。此外，部份中四至中六同學獲安排參加工作影子計劃，體驗醫護及傳媒工作，受用良多。

為提高學生對時事及社會的關注，公民教育組舉辦了多項活動，如「TYT 早晨」新聞廣播、時事馬拉松、時事專題探討、時事常識問答比賽、環保教育活動等。此外，又舉辦尊師重道好少年選舉、敬師日、班際壁報及金句設計比賽、捐血日等活動，培養學生尊重及關懷別人的品格。

此外，本校十分重視教師與學生及家長的關係，透過班主任輔導計劃，建立良好和互信的師生關係，在學業和成長方面關顧學生。家教會亦舉辦了不同活動，如講座、工作坊、校長家長座談會、親子旅行、太極班、書法班及國畫班等，促進了學校與家長的合作。

課外活動

本年學生會、四社、20 支校隊、14 個學會及其他學生組織，籌辦了多姿多采的課外活動，培養同學的多元智能。校方亦致力發掘學生潛能，在各類公開比賽或選舉中，獲得優異成績，現概述如下：

1. 傑出學生成就：

- (a) 在香港傑出少年選舉中，趙爾納同學獲選為香港傑出少年。
- (b) 潘穎菁同學於新界區傑出學生選舉中獲選為優秀學生；並於優秀青年嘉許計劃中，獲選為屯門區中學組五大優秀青年。
- (c) 在〈香港 200〉領袖計劃中，謝文濤、何卓琳及謝素茹同學獲選為〈香港 200〉領袖。
- (d) 在屯門傑出學生選舉中，趙紀妍及霍傲璇同學獲選為傑出學生，吳梓維及謝子申同學則奪得優秀學生獎。
- (e) 在屯門區卓越學生選舉中，文皓正及謝子申同學獲得卓越學生獎。
- (f) 在香港青年大使計劃中，趙紀妍、梁恩彤、陳恩浩、劉昱慶、張皓然及蔡溢陽同學被委任為香港青年大使。
- (g) 周文進同學獲選為香港小特首。

- (h) 羅玉兒及趙紀妍同學獲選為尊師重道好少年，而黃卓瑤及陳朗然同學則獲選為待人有禮好少年。
- (i) 在校園藝術大使計劃中，張筱羚及李芷蕙同學獲選為校園藝術大使。
- (j) 在隊伍優秀女童軍選舉中，王善瑜同學獲選為優秀女童軍。

2. 學術比賽：

- (a) 在第四屆《基本法》全港校際問答比賽中，本校代表榮獲總冠軍及最積極參與學校獎；另外，於「認識祖國 認識香港」2017 系列比賽中，本校代表勇奪全港冠軍；而蔡佳池同學則於第七屆回歸盃全港學生中國國情知識大賽中，奪得全港冠軍，另外四位問答隊代表則獲優異金獎。
- (b) 本校代表在第十二屆香港盃外交知識競賽中，勇奪精英賽銀獎及踴躍參與學校獎，並於第二屆中國歷史比賽校際精英問答比賽中奪得亞軍；另外，於第六屆法制先鋒問答比賽中，本校三支代表隊奪得公開組季軍、中學組季軍及公開組優異獎。
- (c) 在 2017 澳洲國家化學測試（香港區）中，陳偉傑同學奪得卓越表現滿分獎，另外 10 位同學則獲特別優異獎。另外，在 2017 科學評核測試中，本校同學分別奪得共 5 項鑽石獎、11 項金獎、7 項銀獎及 7 項銅獎。而在高中數理學科比賽中，1 位同學獲得卓越獎、19 位同學獲得特別優異獎、20 位同學獲得優異獎，以及 30 位同學獲得優良獎。此外，在化學在線自學獎勵計劃中，本校代表獲得 7 項鑽石獎及 2 項銅獎。
- (d) 在亞洲國際數學奧林匹克競賽（港澳盃數學賽）中，本校代表共奪得 14 項金獎、21 項銀獎及 9 項銅獎；此外，於香港青少年數學精英選拔賽中，本校代表奪團體優異獎，個人方面，則奪得 1 項一等獎、2 項二等獎及 1 項三等獎。陳偉傑及吳嘉豪則於香港電腦奧林匹克競賽中奪得銅獎。
- (e) 本校機械人代表隊於海峽兩岸暨港澳機械人大賽中，勇奪 1 項冠軍、2 項金獎及 3 項銅獎；而於世界奧林匹克機械人競賽 2018 香港機械人挑戰賽中，勇奪 2 項金獎、1 項銀獎、1 項銅獎及最佳表現獎；他們並於機械奧運會國際賽中，於各比賽項目中奪得 2 項冠軍及 1 項季軍。另外，在 ROBOFEST 機械人大賽香港區選拔賽中，奪得 1 項一等獎及 2 項亞軍，代表隊更獲邀出席於美國舉行的世界盃 ROBOFEST 機械人大賽世界賽，為港爭光。
- (f) 潘學政同學奪得哈佛圖書獎冠軍，而曾卓妍及吳思穎同學則奪得亞軍。另外，梁家希同學於中國中學生作文大賽香港賽區中奪得旭日文學之星獎，另外 5 位同學則獲得優異獎。此外，蔡依涵及黎穎彤同學於「更生」微電影【愛重生】觀後感徵文比賽中分別奪得冠軍及亞軍。

3. 文化及藝術比賽：

- (a) 本校現代舞隊於紫荊盃國際舞蹈大賽中，勇奪國際賽群舞賽總冠軍及全場大獎；並

於紫荊盃舞蹈大賽奪得公開賽表演賽全港冠軍。

- (b) 本校舞蹈隊於第 54 屆學校舞蹈節中，共囊括 9 項優等獎及 5 項編舞獎，更分別於現代舞組及中國舞組中勇奪全港總冠軍及總季軍。而本校代表於第 38 屆沙田區舞蹈比賽、第 40 屆元朗區舞蹈比賽及第 32 屆屯門區舞蹈比賽中，現代舞隊及中國舞隊共奪 6 項金獎；更於 2018 學校舞蹈節巡禮中，獲頒義工服務嘉許狀。個人方面，王偉權同學於各項公開獨舞比賽中，勇奪 2 項冠軍、2 項亞軍及一項季軍，而張沛曼同學則奪得 1 項亞軍及 1 項季軍。
- (c) 本校辯論隊於第十四屆傑出盃中學生辯論比賽中勇奪季軍，廖家楹及賴憲宏同學更分別於初賽及決賽奪得最佳辯論員獎。
- (d) 在第 69 屆香港學校朗誦節，本校代表於中、英文各項朗誦比賽中，共贏得 5 項冠軍、5 項亞軍、10 項季軍及 42 項優良獎，吳卓君同學更於英語詩詞獨誦比賽中勇奪榮譽獎狀。
- (e) 在第 70 屆香港學校音樂節中，本校同學共獲得 1 項冠軍及 9 項優良獎。合唱團及管弦樂團於聯校音樂大賽均奪得銀獎。個人方面，何奕倫同學於各項公開鋼琴大賽中，共奪得 4 項冠軍、4 項亞軍及 2 項季軍。
- (f) 在香港學校戲劇節中，本校囊括全部 6 項大獎，分別為傑出導演獎、傑出劇本獎、傑出合作獎、傑出整體演出獎、傑出舞台效果，以及由蒙嘉慧及吳婉嫻同學取得的傑出演員獎；本校亦於即興戲劇創作比賽中勇奪季軍。另外，曾俊傑、蘇錦峰、麥倬鳴及趙文浚同學協助警方撲滅青少年罪行比賽中，奪得中學組短片比賽全港冠軍；更代表香港以青年減罪大使身份，到澳洲與當地警隊進行交流活動。
- (g) 陳朗然同學於第十屆青年視覺藝術展中，奪得傑出視藝學生創作獎，他更於其他各公開國畫及書法比賽中，共奪 4 項亞軍及 2 項優異獎；而張凱琳同學則於建造業職安健海報設計比賽奪得中學組季軍。

4. 體育比賽：

- (a) 在屯門區學界體育校際比賽中，本校在多項體育競賽中獲得理想成績，而總成績更名列前茅，於 40 所參與中學中，男子組奪得總季軍，女子組則奪得第五名。
- (b) 本校男子隊及女子隊分別於屯門區學界游泳比賽中，奪得全場總亞軍及季軍；個人方面則奪得 6 項冠軍、10 項亞軍及 9 項季軍。另外，在保良局中學聯校水運會中，本校代表隊奪得女子組總季軍及全場總季軍，而隊員於個人項目勇奪 4 項亞軍及 3 項季軍。另外，本校隊員於本年度所有游泳比賽中的個人項目，共奪得 13 項冠軍、18 項亞軍及 20 項季軍。
- (c) 本校乒乓球隊於屯門區學界乒乓球比賽中，勇奪男子丙組冠軍及女子丙組季軍。此外，林卓穎及羅環軒同學於屯門區分齡乒乓球比賽中，分別奪得冠軍及季軍。
- (d) 本校羽毛球隊於屯門區學界羽毛球比賽中，勇奪女子乙組冠軍及男子組乙亞軍。此外，於其他羽毛球公開賽事中，共奪得 2 項冠軍及 2 項亞軍。
- (e) 本校花式跳繩隊於全港中小學花式跳繩聯賽中，勇奪中學女子乙組全場總亞軍及男子

乙組全場總冠軍，並於賽事單項中奪得 3 項冠軍、4 項亞軍及一項季軍；另外，於「跳繩強心」校際花式跳繩比賽中，奪得中學甲組優異獎。

- (f) 盧穎欣同學於第三十七屆全港公開國術群英會中，獲得女子少年組長器械及短器械雙冠軍。而廖柏舜及郭晉謙同學分別於 ThaiTae 跆拳道國際公開賽及第二十二屆亞洲城市跆拳道錦標賽中，均奪得冠軍。
- (g) 本校野外定向隊於學界分區野外定向錦標賽勇奪女子團體總亞軍，蔡洛及黃健希同學更於個人賽分別奪得冠軍及殿軍。
- (h) 鄒璟榆同學榮獲屈臣氏香港學生運動員獎。

社會服務

本校學生積極參與各項社會服務，在剛過去由社會福利署簽發的「義工運動 2017」，本校同學共獲頒 46 個金章、100 銀章，及 120 個銅章。而 5 個本校學生組織更獲頒義工小組金獎。本校兩組輔導組義工隊於「齊放義彩」義工服務計劃中分別奪得金獎及銀獎。

海外考察

復活節期間，全體中四學生參加了為期五天的保良局屬校北京交流考察團。同期，本校獲公民教育委員會統籌的「一帶一路」交流資助計劃撥款，舉辦了對象為高中生的九天俄羅斯考察之旅。這兩考察團促進本校學生和境外青年的文化交流，也擴闊了同學們的視野。

結語

由衷感激保良局、教育局、創校捐款人李景芬女士、校友、家長的不斷支持，使學校的願景和使命得以實現。

其中，特別感謝保良局去年透過「保良局李兆忠優質教育基金」配發二十萬元予本校，於兩個有蓋操場加設玻璃幕門以優化學習環境；今年又額外增撥十萬元安裝新翼有蓋操場的冷氣設施。

同時，亦感謝保良局頒發合共 202,189 元獎學金予本校同學，以肯定他們在香港中學文憑考試及課外活動所取得的優異成績。

此外，蒙獨立校董白明珠醫生撥冗安排本校高中理科生參加由香港大學深圳醫院舉辦之「暑期醫護工作影子計劃」，拓寬了同學們的視野。

最後，我們將繼續秉承優良傳統，努力不懈，於未來的日子裡再創高峰。

